RESET

A Rotary SAFE Families Program

RESPECT ON SCREEN PROGRAM INFORMATION

An 8 week prevention program for 15–17 year olds. What does respect look like in real life? What happens when it goes missing?

PURPOSE AND RATIONALE

Rotary SAFE Families' RESET – Respect on Screen is an eight-week, prevention-focused program that helps 15–17 year olds recognise what respect and disrespect look like in relationships, understand the different forms abuse can take (including online), practise the skills to act as an active bystander, and know how and where to seek help for themselves or someone they know.

THE FILM PROJECT

In RESET, students work in small groups as a film crew. They plan, script, shoot and edit a short film about healthy and/or abusive relationships, and about how to spot the warning signs when something isn't right. Students don't need any film experience. They just need ideas, teamwork and a willingness to have a go.

They learn how to recognise unhealthy behaviour, how to speak up safely, and where to find help for themselves or someone they know. The finished films are shown at a **premiere night** at the school.

A PRIMARY-PREVENTION APPROACH

Rather than waiting until harm has occurred, the program builds the knowledge, attitudes and skills that research shows reduce the likelihood of young people experiencing or perpetrating abuse in relationships, and that support early help-seeking when something isn't right.

BY THE END OF THE PROGRAM, PARTICIPANTS WILL BE BETTER ABLE TO

1. Describe what respect and equality look like in everyday relationships, and identify how rigid gender stereotypes and peer pressure can undermine both.
2. Explain consent as an ongoing, freely given, specific and reversible agreement, and apply it to everyday interactions as well as intimate relationships.
3. Recognise the signs of unhealthy and abusive relationships (physical, emotional, social, financial and coercive control) using the relationship spectrum.
4. Identify the specific risks of technology-facilitated abuse and image-based abuse, and understand the legal and support landscape around these.
5. Use practical bystander strategies to safely interrupt disrespectful behaviour and support someone they know who discloses abuse.
6. Locate and confidently describe at least three help-seeking pathways available to them or someone they know.
7. Create a 3–4 minute film in small groups. Films are judged for two awards given by the sponsoring club or organisation.

ABOUT THE PROGRAM

Developed by Dorothy Gilmour, drawing on the Our Watch Respectful Relationships Education Toolkit, the eSafety Commissioner's guidance on young people and online safety, and Australian Government respectful relationships curriculum resources current as at September 2026.

It sits comfortably alongside, but does not replace, a school's existing Respectful Relationships curriculum and child safety obligations.

DELIVERY AND SPONSORSHIP

A stand-alone eight-week unit for a school, youth group or community setting, delivered by a facilitator: a community worker, youth worker, Rotarian, police officer, teacher or counsellor. It includes a visit by Police Family Violence Community Liaison Officers.

RESET can be sponsored by a Rotary club, school or community organisation, with arrangements and costs varied to suit. A film professional is optional.

DUTY OF CARE

The host school or organisation is responsible for exercising reasonable care in the teaching and supervision of the RESET program, and for the safety and wellbeing of students and staff during all sessions and activities, including the student filmmaking project.

This includes meeting child safe standards, mandatory reporting obligations and the school's own wellbeing and referral procedures.

BRING RESET TO YOUR SCHOOL: Contact Dorothy Gilmour gilmour.dorothy@gmail.com